## INTER-COUNTY SCHOOLS' CROSS COUNTRY – STEWART PARK, MIDDLESBROUGH SATURDAY $8^{\rm th}$ FEBRUARY 2025. USE POSTCODE TS4 3SL FOR SATNAV.

12.45	Inter Girls	2 long laps	3650m
12.55 before girls finish	Inter Boys	3 medium laps	4500m
1.25	Year 7 Girls	1 short + 1 medium lap	2500m
1.40	Year 7 Boys	1 short + 1 medium lap	2500m
1.55	Junior Girls	1 medium + 1 long	3300m
2.15	Junior Boys	1 medium + 1 long	3300m
2.35	Senior Girls	2 long laps	3650m
2.45 before girls finish	Senior Boys	3 long laps	5500m

Start and finish sections are running anti clockwise –

medium lap is the main red line with arrows / start & finish are near black post infront of the car park

